

## MASSAGE

Experience our unique selection of treatments that combine powerful therapeutic techniques with pure essential oils to boost circulation and well-being.

**BALINESE MASSAGE – 60 mins IDR 400,000++ / 90 mins IDR 500,000++**

Feel tension dissolve with this ancient Balinese healing therapy that combines long therapeutic strokes and skin rolling to relieve muscle pain. Palm and thumb pressure techniques are also applied to unravel the deepest stress and improve blood flow

**RELAXING MASSAGE - 60 mins IDR 400,000++ / 90 mins IDR 500,000++**

A soothing and deeply relaxing experience, this treatment utilizes the potent properties of essential oils applied with long, slow and gentle strokes to the body. Tensions are released, and body and mind brought back into equilibrium.

**STONE MASSAGE - 90 mins IDR 550,000++**

A therapeutic full body massage using aromatherapy oils and combination of warm volcanic stones to relieve deep muscle tightness. The warm stones penetrate your muscles to soothe aches and pains, melt tension and soothe emotions.

**FOOT MASSAGE – 30 mins IDR 250,000++ / 60 mins IDR 400,000++**

Revive weary feet and experience deep relaxation and revitalization in this pampering treatment. Taking inspiration from the eastern art of reflexology, this delightful foot and lower leg massage will stimulate circulatory and lymphatic systems to leave hard working feet walking on air. A perfect pampering for tired feet.

**BACK MASSAGE – 30 mins IDR 300,000++**

Relaxing massage therapy concentrating on the stressed back muscles, designed to relax and ease tension.

**ADD ON – 15 mins IDR 125,000++**

Each of our 15-minutes massages help to relieve immediate tension and calm your busy mind with the use of our signature blended massage oils.

- Neck and Shoulder Massage
- Head Massage
- Foot Massage

## **SPA ETIQUETTE**

### **HOURS OF SERVICE**

10 AM – 7 PM

### **ARRIVAL**

We recommend that you arrive at least 10 minutes prior to your appointment time. For your first visit, you will be asked to complete a brief, confidential client form. This is to check for contraindications to any treatments. Arriving late will limit the time of your treatment.

### **HEALTH CONDITIONS**

Kindly advise us of any health conditions, allergies or injuries, which could affect your service when making your Spa reservation.

### **CANCELLATION POLICY**

Should you wish to cancel or reschedule an appointment, please let us know at least four hours beforehand or a full cancellation fee will be charged. No-shows will be also charged at the full treatment price.

### **CHILDREN'S POLICY**

We are delighted to offer treatments for children under 16 years old. However, they must be accompanied by an adult for the whole duration of treatment.

Please contact our reception for details on treatments available for our young guests.

### **MOBILE PHONE**

Our Spa environment is one of relaxation and tranquility. Please respect all Spa Guests' right to privacy and serenity. We appreciate you turning off your mobile phone whilst in the Spa.

### **VALUABLES**

We advise you not to bring any valuables during your visit. Rumah Luwih Bali accepts no responsibility for the loss of money or valuables of any kind.

### **TAXES & SERVICE CHARGE**

Prices are subject to 23.75% tax and service charge.

### **PRIVACY**

Our therapists will discreetly drape areas of your body not involved in the treatment to protect your privacy and modesty at all times.

